

Take control of the information that is overloading you!



# Managing Information & Communication Overload in the Practice of Law

with Jeff Davidson

## Friday, December 21, 2018 Live webinar with chat

*includes 60 day replay\** 9:00 am – 10:30 am (Pacific) 10:00 am – 11:30 am (Mountain) 11:00 am – 12:30 pm (Central) 12:00 pm – 1:30 pm (Eastern) 1:00 pm – 2:30 pm (Atlantic)

\*This program features real-time audio of the presenter with synchronized presentation slides, and a chat feature that allows for live Q & A. SK attendees please verify whether you align with Central (MB) or Mountain (AB) time based on season and location.

### WHO SHOULD ATTEND

This program will benefit all lawyers who want to learn how to overcome information and communication overload, and gain actionable ideas to put into practice the same day.

### **ABOUT THE PROGRAM**

Too much information everywhere you turn? Wasn't technology supposed to make things easier for us? Does the daily onslaught of information - text messages, emails, phone calls, and reading - overwhelm your legal practice? Does this glut of constant communication increase your stress, while diminishing your enjoyment of your career and your life? It's time to go from glut to gain. Attend this information-packed, 90 minute webinar with acclaimed speaker, author, and columnist Jeff Davidson, and get the tools you need to keep information at a manageable level, and use it for maximum gain. You'll get more work done and have more time for the things you enjoy.

Hailed as a "dynamo" by The Washington Post, Davidson is a leading authority on helping lawyers and other professionals better manage their work day, despite unrelenting change. His books Simpler Living, Breathing Space, The 60 Second Organizer, The 60 Second Self-Starter, and The 10 Minute Guide to Managing Stress have been published in 18 languages. His American Law Institute "Practical Lawyer" column, for six years running, has provided lawyers with actionable ideas to achieve work-life balance. Ready to overcome the relentless burden of information and communication overload? Don't miss this unique opportunity to learn some surprisingly simple but powerful techniques to enhance your career and your life. All attendees receive a set of downloadable materials and free access to the archived online program.

#### **SCHEDULE (Eastern)**

12:00 pm - 1:30 pm

Welcome and Opening Remarks

The unrelenting pace of new information

Avoiding the "rain barrel" approach to information intake

Employing germination to make advances on tough projects

Putting operation clean-sweep into effect

**Combating pack-ratism** 

**Program Wrap-up and Evaluation** 

#### **MEET YOUR PRESENTER**



Jeff Davidson, The Work-Life Balance Expert®, is the leading personal brand in speaking, writing, and reflecting on worklife balance issues. He has a passion for helping organizations help their employees make rapid progress in this arena. He has spoken to Fortune 100 companies such as IBM. Cardinal Health

Group, Lockheed, American Express, Worthington Steel, Wells Fargo, Westinghouse, Novo Nordisk, Swissotel, Re/Max, Experient, Lufthansa and others. His books including Simpler Living, Breathing Space, The 60 Second Organizer, The 60 Second Self-Starter, and The 10 Minute Guide to Managing Stress have been published in 18 languages and have been featured in 68 of the top 75 American newspapers, and he has been interviewed by the Washington Post, Los Angeles Times, Chicago Tribune, Christian Science Monitor, New York Times, and USA Today. He currently is a columnist for 16 publications, among them Accounting Web, Association News, HR.com, Meeting Professional, Inside Business, Practical Lawyer, and Real Estate Professional. Jeff also is an Advisory Board member for Career Pro Inc. He was cited by Sharing Ideas magazine in its annual roundup of "consummate speakers."

#### PRAISE FOR JEFF DAVIDSON

• "Energetic, enthusiastic, and articulate guidelines that I am using to change my life."

• "Great sense of humor and a relaxed confidence. The points made were clear, yet thought-provoking."

• "Thoroughly enjoyed this seminar... fueled some immediate adjustments in my work and personal life."

• "Of all the programs I've attended, this is the one that is making the biggest difference in my day-to-day life."

• "Amazing presentation with some great take-aways that I have already begun implementing."

• "Program was entertaining and jammed packed with great information and resources."

**ON:** This program is approved for 1.5 Professionalism hours.

**BC:** This program is approved for 1.5 CPD hours of professional responsibility and ethics, client care & relations, and/or practice management.

SK: CPD application is pending.

NB: CPD application is pending.

Lawyers in all other mandatory CPD jurisdictions may count their actual attendance towards their CPD requirement/plan. Seminar Partners is an Accredited Provider of Professionalism

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$\sqrt{ m Yes}$ , I want to attend Manag	ing Information &	& Communication Overload in the Practice of Law	
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* Materials will be distributed electronically in advance. Live webinars feature real-time audio of the presenter with synchronized presentation slides, and a chat feature that allows for live questions and verbal responses by the presenter. The recording of the webinar is available for 60 days. <b>REGISTRATION FEE:</b>			
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